

**1. Title IX has increased female participation in sports exponentially.** In response to greater opportunities to play, the number of high school girls participating in sports has risen tenfold in the past 40 years, while six times as many women compete in college sports.

**2. Huge gains in the number of female athletes demonstrate the key principle underlying the legislation:**

Women and girls have an equal interest in sports and deserve equal opportunities to participate.

**3. Participation in sports confers both immediate and long-term benefits:** Female athletes do better in school, are less likely to engage in risky behavior, and are healthier than girls and women who do not participate in sports.

**4. Attacks on Title IX often spring from misconceptions about how the law works.** Courts have consistently upheld the validity of the law.

**5. Despite many gains over the past 40 years, barriers remain to participation in sports for girls and women.**

Greater enforcement of the law by the federal and state governments, self-policing of compliance by schools, and passage of the High School Athletics Transparency Bills will help bring about greater equity.