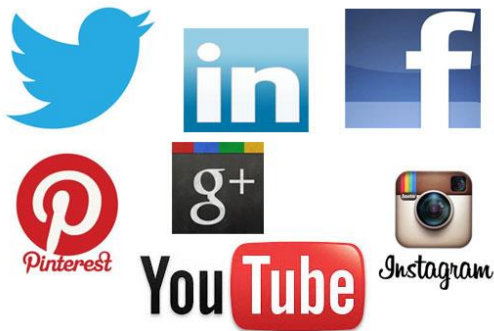




# THE OAK TWIG

## *Facebook Savvy and Privacy Protection Workshop*

*November Branch Event  
November 10<sup>th</sup>, 5:30 PM, T.O. Library*



Would you like to easily and efficiently keep up with family – children, grandchildren, their news, photos? How can you reconnect with old friends from school and work with whom you have lost contact? Would you like to make some new friends from all over the world with whom you share similar interests and hobbies? Are you concerned about your security and privacy?

Come and find out what Facebook can do for you. Learn how to setup a Facebook page. Current FB users will learn new tricks and everybody can improve their security and safety online. Laptops will be set up for your use or bring your own. RSVP to Bev Khoshnevisan at [bkhosh29@gmail.com](mailto:bkhosh29@gmail.com)

## NOVEMBER EVENTS

November 2, Wednesday---Board Meeting, Wildwood Condo Rm, 6:30 PM

November 5, Saturday----Coffee and Chat, Stella's Café, Newbury Park, 9 AM

November 8, Tuesday---Election Day and Adopt a Poll Fundraiser (Nov. Branch Event)

November 10, Thursday----Special Branch Event Social Media and You (RSVP required to Bev Khosnevisan)

November 14, Monday---Mentoring Cloud Meeting, Lenore Arab's home, 7 PM

November 28, Monday – Daytime Literature, 10 AM, TO Library

November 30, Wednesday---Museums and Gardens Trip

## Upcoming Events

### *Coming in December*

**December 4, Sunday**----**Annual Holiday Party** at the home of Juris and Liz Priedkalns, 5 pm. (Dec. Branch Event)

**December 8, Thursday**---**Diversity Book Club**, 6:30 pm.

### *Coming in January*

**January 28, Saturday**---**Annual Inter-Branch Council Luncheon**, 11 AM, Los Robles Greens. (January Branch event)

**Mark your calendars! These promise to be great events!**

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## Message from the President – Sally Hibbitts

### *Nathalie's Story:*

It was my pleasure to announce at the Fall Breakfast that for the first time, the AAUW Legal Advocacy Fund is taking a case brought by one of our members, Nathalie Gosset. Full details are available at

<http://www.aauw.org/resource/gosset-v-lasch/>

AAUW will not be providing legal services, however we will be providing perhaps something even more important....the emotional caring support which Nathalie needs as she progresses through the horror of proving her allegations in the arbitration case later next year. Of course, this kind of support....woman to woman...is what we can do best! Please contact me to be

part of our "Nathalie Support Force" and brainstorm ideas!

### *Thank You!*

On October 13, we held the "Women Walking on the Wild Side", a library panel discussion focused around the ideas relating to women who enjoy backpacking. This was part of our community outreach for the One City One Book program for *Grandma Gatewood's Walk*. The panel was a smashing success!!! We had a full house and the discussion was expertly moderated by our own member, Supervisor Linda Parks. Thank you to our panelists.

### *One Last Item!*

On November 8, another wonderful group of volunteers



**Nathalie Gosset,  
BSEE, MS, MBA**

staffing the "Adopt a Poll" effort from which our branch will make close to \$500 for our local scholarship fund. All of these members have taken training from the county and are ready to help voters Election Day!

## When Women Vote, We Change the Conversation!



*Women learning how to vote -  
We've come a long way!*

In addition to electing a new President of the United States, we are electing Senators and Members of Congress to represent us. Look for their positions on issues relevant to AAUW's mission of promoting equity for all women and girls. Review the record of incumbents. For all candidates, seek answers to these questions related to key issues in AAUW Public Policy Priorities:

- *Gender Pay Gap* - How would you address the pay gap between men and women? For women of color and mothers? What is your position on the passage of the Paycheck Fairness Act to close legal loopholes and improve the effectiveness of existing civil rights laws aimed at closing the pay gap?
- *Family Leave and Paid Sick Days* - What is your

Continued on page 5



### AAUW ENDORSED BALLOT MEASURES:

**Please vote YES: Props 51, 52, 55, 58 & NO on Prop 53**

**Local Measures: YES on Measures C and W ; NO on Measure F**

[See full guide: -www.aauw-ca.org](http://www.aauw-ca.org)

## Membership Chronicles

Our Membership focus this month will be working on the benefits of mentoring and developing our leadership skills. I have been reading "Leadership-The Eleanor Roosevelt Way" by Robin Gerber who writes about how Roosevelt was able to overcome some of her early childhood negative teaching because of a powerful mentor, Mlle. Marie Souvestre. Eleanor was sent away to school when she was fifteen and the headmistress, Souvestre, encouraged her to be "curious in everything she comes in contact with," which set her on a lifelong path of learning. She also had a natural ability to mentor others as well and continued mentoring throughout her life. I mention this because it is my hope that new members will get involved in any Interest Group or Committee and allow those of us who have been members for many years to mentor you and to facilitate your learning about our dynamic AAUW organization. I am available any time and invite you to call me any time.

We have some new members who have jumped in with both feet and joined the Board of Directors and they are Mini Madan, Caroline Tsaw, Susan Fagan,

## Named Gift Honorees - 2017

AAUW Thousand Oaks has been awarding Named Gift Honoree status to members since 1968. Since that time, members have been given this special honor by the branch in recognition of their service to the branch.

Each year, nominee names are sent to AAUW together with the monies collected by the branch in support of the various scholarships and programs of the national organization such as the Legal Advocacy Fund, the Eleanor Roosevelt Fund, the Educational Fund and the Student Leadership Fund.

If you would like to nominate a branch member, please send the nominee's name and a short paragraph of why you believe this person should be recognized by the branch. Named Gift Honorees will be announced at the branch's annual meeting in May. All branch members are eligible. Jeanette Hosek, AAUW Funds Director [jhosek@roadrunner.com](mailto:jhosek@roadrunner.com)

Anne La Fianza, and Kristin Hoover. Each one has stepped up their learning by getting involved. Other members have elected to bring us new Interest Groups such as Lenore Arab and Mentoring Cloud and longtime member Betty Stapleford with Dreamers Without Borders and Judi Gindi heading up Happy Hikers.

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[Theresa Norris, Sandy Richeson, Liz Priedkains, Michelle Fishman describe backpacking experience at AAUW Library Event in October](#)

(Not pictured is Linda Parks, Moderator)



## Sad and Glad News

TO AAUW member, Debbie Gately, was diagnosed with stage 3 ovarian cancer in 2015. After recovering from her 3rd surgery in a year and a half, Debbie went to Germany this fall for immunizations made with her own tumor cells. This German study has promising success rates.

Unfortunately, as of mid- October, Debbie is back in Los Robles Hospital with renal problems. She is in isolation but can have visitors who will be required to put on a yellow gown before entering her room. She can receive cards and emails.

Please help Debbie fight this tough battle by making a donation toward her extensive medical expenses on her Go Fund Me web page here:  
<https://www.gofundme.com/2ax9jv2c>.

When she is released from the hospital, she will need meals for a while. We can send her cards as well just to let her know we are thinking about her. Contact Sally Hibbitts.

Thoughts go out to long-time member, Audrey Giuffrida following the death of Bob, after 62 years of marriage.

\* \* \* \* \*

Newly revised edition of this major research report is now available at <http://www.aauw.org/resource/the-simple-truth-about-the-gender-pay-gap/>



## POINSETTA SALES



### BUY YOUR HOLIDAY POINSETTIAS FROM AAUW

The branch continues its very successful POINSETTIA fundraiser this year.

Your purchase of poinsettias directly contributes to our branch's donation to **THE AAUW LEGAL ADVOCACY FUND.**

LAF allows us to give money for case support to women fighting sex discrimination and/or pay inequality cases. (see p. 2)



Order forms on AAUW Website at: [aauwto-ca.aauw.net](http://aauwto-ca.aauw.net)

Pictured ivysetta and mumsetta centerpieces are only \$15.00 each!

Beautiful RED, PINK or WHITE plants in large 6" pots are ONLY \$10.00 EACH!

Contact Jeanette Hosek

## When Women Vote – Continued from page 2

position on legislation that would provide paid parental and medical leave for all employees?

- *Campus Sexual Violence* – Do you support increasing resources to promote prevention efforts and stronger enforcement of federal laws prohibiting bullying, harassment and campus sexual assault? What should colleges and universities do to better address the issue of campus sexual assault?

- *Reproductive Rights* – Do you support public funding for family planning services and reproductive health care? What is your position on legislation that protects individuals' access to affordable quality reproductive health care, including abortion care?

- *College Affordability* -What can be done to help make college more affordable and loan payments more manageable?

AAUW national has just published the Congressional Voting Record, which is available from the national office. Order one to see how your incumbent Member of Congress voted on issues of concern to women during the last Congressional session.

Women's votes will be especially important in this election! Please exercise your privilege of being able to VOTE on NOVEMBER 8!



## Fall Breakfast



Dorothy Robinson, Liz Friedkains & Narda Fargotstein

## Stepping up to Mentor Young Women

Recognizing the power of mentoring in career development and job satisfaction, the VC Women's Economic Roundtable (WER) has set mentoring as a priority and is engaging with other groups in developing a plan for making mentoring readily accessible to our young women at all stages in their lives. WER in collaborating closely with Million Women Mentoring in California (MWM) is exploring the use of a sophisticated software platform (Mentor Cloud) that can assist in matching and connecting mentors and mentees. Key to all of this is the development of a mentor pool of women willing to share their experience with others and help support the growth of other women. At the Annual Fall Membership Breakfast, we launched this outreach campaign. A meeting dedicated to continuing discussing the mentoring aspects of will be held on **Monday, November 14**, so please save the date. If you would like to help with this initiative, please contact Lenore Arab. All are welcome! This is an amazing opportunity to assist younger women be successful in their chosen career.

## AAUW and the CVUSD Wellness Committee

By Elsa Nanson

The first Conejo Unified School District Wellness Committee meeting for the 2016-2017 school year was held on October 10, 2016. The Committee has a new director, Dr. Juan Santos, Director of Student Support Services.

A review of the minutes from the April meeting included the focus for this year's meetings. These include compliance/wellness at the secondary level, coordinated school health, and mental/emotional health. An emphasis on nutritional wellness, which focused only on the elementary level, will now be expanded to the secondary level.

Dr. Santos introduced the new Mental Health Coordinator, Dr. Chamberlain. She is working with the counselors at the high schools and at Sequoia and Colina Middle Schools to identify students for a new program where interns from doctoral programs in clinical psychology provide services to those students. The schools have found that services previously provided only to students identified for special education are also needed in general education to maintain a continuum of mental health services. Dr. Chamberlain noted that stress and anxiety among students is the highest priority at this time.

As AAUW's representative, I expressed our concerns regarding Sexual Harassment as a key component to mental and emotional health and our desire to include this topic on the agenda. Concerns were expressed that with "eight components of coordinated student health," being discussed on a state-wide level, there are already too many issues that need to be addressed in a limited amount of time. A subcommittee will meet to make recommendations to the Wellness Committee on which of the eight topics and/or expanded topics to discuss during this school year.

### Join Our New Dreamers Without Borders – Special Interest Group

We are forming a new interest group this year in our branch. It will be composed of those members who want to help undocumented high school students in the Conejo Valley Unified School District, starting with Thousand Oaks High School, to form a Dreamers Without Borders Group.

In collaboration with TOHS Staff and members of CLUE VC (Clergy and Laity United for Economic Justice Ventura County), we develop support programs for these students in gaining their DACA (Deferred Action for Childhood Arrivals) status.

These students all need help in acquiring information and resources for reaching their dreams of higher education, knowing their rights, and gaining greater confidence in speaking up for themselves from a place of safety in our community.

We also expect to help members in our branch and the larger community to understand immigrant rights and contributions and to inspire Dreamers and their families to advocate for their rightful place in society.

If you are interesting in joining or want more information about this exciting interest group, please contact Public Policy Director, Betty Stapleford at [bstaple4d@aol.com](mailto:bstaple4d@aol.com).

Special Interest Groups are a member benefit. Guests may attend two meetings with a member and must be dues paying members by the third meeting.

### *Coffee and Chat*

Meets the 1st Saturday of every month: 9:00 AM at Stella's Gourmet Restaurant, 2385 Michael Drive, Newbury Park. This is a very pleasant way to get acquainted and stay connected. Please join us! Contact Sally Hibbitts or Pat O'Donnell.

### *Photography*

Learn to use your digital camera while enjoying photo outings. Group usually meets once a month at a private home or for a photography expedition. Date and time varies depending on the activity. For information, contact: Wendy Hoffman.

### *Exploring the Religions of the World Through the Eyes of Women*

Group meets 3-4 times a year in a private home to have a discussion with a woman who has been invited to talk about her religion. For information, contact Wendy Hoffman or Jeanette Hosek.

### *Daytime Literature Group*

The AAUW daytime literature group meets on the fourth Monday of the month (with some exceptions for holidays) at The Thousand Oaks Library from 10:00am to 11:30am to discuss books chosen by the group. The next meeting of the Daytime literature group will meet on Monday, Nov. 28 at 10:00 A. M. at the Thousand Oaks library. We will discuss *Dead Wake* by Erik Larsen. Our reviewer will be Berniece Reed. If you have any questions, please contact Joan Udani.

### *NEW: Happy Hikers*

We will hike easy to moderate trails in various parts of Thousand Oaks and the surrounding areas. The schedule is open to suggestions from the group and can include a hike on the beach. Please contact Judy Gindi

### *Evening Literature Group*

We meet on the third Thursday of the month (with some exceptions for holidays) at member's homes at 7:30pm to discuss books that are suggested by the group members. Contacts for this group are Sharon Dyer or Ellen Kossoris.

### *Global Awareness and Action 4 Girls*

This is an "e-mail" group of members who want information about global projects that may be of interest to them. Please send your name and email address to Jeanette Hosek.

**Special Interest Groups** - A Member benefit. Guests may attend two meetings with a member and must be dues paying members by the third meeting.

### *Museum and Gardens*

The Museums and Gardens group visits a variety of beautiful museums and gardens on a different day each month, depending upon venue location and member response. The cost is minimal, your own cost for lunch, and your share of gas costs. Everyone is always welcome. You never know where we will end up each month. These trips occur on different days each month. Contact Pat O'Donnell or Sally Hibbitts.

On Wednesday, November 30, we will be traveling to the Pasadena Museum of California Art to see the well-received exhibit called, "In the Land of Sunshine: Imaging the California Coast Culture". Approximately, 90 paintings inspired by the stunning vistas, lifestyles, and industries existing along the 840 miles of California coastline. Spanning from the mid-1800s to the present day, the oils, acrylics, and watercolors represent the diversity of California's artistic style as well as the surfers, sailors, sport fisherman, and residents who have settled in the beaches, harbors, cities, and ranches that dot the coast. Please contact Sally Hibbitts to RSVP.

### *NEW: Mentoring Cloud*

Assisting young women seek the advice of others skilled in knowledge areas is the focus of this new group. This is a collaborative with the VC Women's Economic Roundtable and will use the new Mentor Cloud to connect members with mentees both near and far.

### *NEW- Diversity Book Club*

Join us for lively discussions on topics of diversity. Please read and join us in discussing our next selection Sisters in Law: How Sandra Day O'Connor and Ruth Bader Ginsburg Went to the Supreme Court and Changed the World by Linda Hirsham. "The relationship between Sandra Day O'Connor and Ruth Bader Ginsburg - Republican and Democrat, Christian and Jew, western rancher's daughter and Brooklyn girl - transcends party, religion, region, and culture. Strengthened by each other's presence, these groundbreaking judges, the first and second to serve on the highest court in the land, have transformed the United States itself, making it a more equal place for all women."

We will meet Thursday, December 8 at 6:30pm at Shoshana Brower's home. Please call Shoshana at 805-496-6968 for directions. Leaders for this group are Maria Jambor or Shoshana Brower.

AAUW Special Interest Groups - Make  
new friends and learn something new!



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So, this is a reminder to **PLEASE SUPPORT OUR ADVERTISERS!** They all provide valuable services and quality items that have a strong positive reputation in our area. Also, next time you see one of our advertisers in person, please thank them personally for their ongoing and much needed financial support!



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## Thank You for Attending the Fall Breakfast!

The fall breakfast was a huge success! We thank all of our members who attended and all of those who worked so hard to make it a success! AAUW teamwork at our best!

Los Robles Greens served as a beautiful setting for our annual fall breakfast. Centerpieces were beautifully made by Susan Fagan and each one was an individually themed piece highlighting how women have broken “glass ceilings” in their professional lives.

After a wonderful breakfast of fresh fruit, eggs and other breakfast staples, we were treated to an informative talk about working in the Ventura County Sheriff’s Department by Commander Cheryl Wade. We also raised money for various projects with the piggy banks on each table and the gift card tree which had nearly \$200 worth of cards for a variety of merchants and restaurants.

We even enjoyed the participation of several elected officials who are also



*Fall Breakfast with Jacqui Irwin, Bonnie Shubb, Nancy Frawley, Marie Lakin, and in front, Lenore Arab, Commander Cheryl Wade (our Speaker), Sally Hibbitts, and Linda Parks*

*The Oak Twig* newsletter is published ten times a year by AAUW Thousand Oaks, Inc. A copy is available online at our website found at <http://aauwto-ca.aauw.net>

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## AAUW THOUSAND OAKS

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